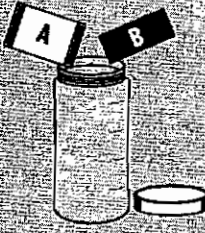



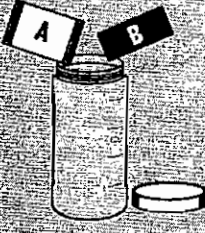

# Patient Instructions—Evening-Before Regimen

The MoviPrep carton contains 4 pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing.

Beginning at: \_\_\_\_\_

<p><b>STEP 1</b> MIX FIRST DOSE</p>	<ul style="list-style-type: none"> <li>Empty 1 Pouch A and 1 Pouch B into the disposable container.</li> <li>Add lukewarm drinking water to the top line of the container. Mix to dissolve.</li> </ul> <p><i>If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.</i></p>	
<p><b>STEP 2</b> DRINK FIRST DOSE</p>	<ul style="list-style-type: none"> <li>The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed.</li> <li>Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.</li> </ul>	<p><b>Clear liquids include water, ginger ale, apple juice, Gatorade<sup>®</sup>, lemonade, and broth. No red or purple liquids.</b></p> <p><b>Ask your doctor if you have any questions about whether a particular drink is acceptable.</b></p> 

Beginning at: \_\_\_\_\_

<p><b>STEP 3</b> MIX SECOND DOSE</p>	<ul style="list-style-type: none"> <li>Empty 1 Pouch A and 1 Pouch B into the disposable container.</li> <li>Add lukewarm drinking water to the top line of the container. Mix to dissolve.</li> </ul> <p><i>If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.</i></p>	
<p><b>STEP 4</b> DRINK SECOND DOSE</p>	<ul style="list-style-type: none"> <li>The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed.</li> <li>Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.</li> </ul>	

Your body loses significant amounts of fluid during bowel preparation. In order to prevent dehydration, it is important to supplement that fluid loss with clear liquids. **Make a conscious effort to drink as much as you can before, during, and after the preparation.**

If you have any questions, please call our office at \_\_\_\_\_.

\*Gatorade is a registered trademark of Stokely-Carr Company, Inc., Chicago, Ill.

**MoviPrep<sup>®</sup>**  
(PEG-3350, Sodium Sulfate, Sodium Chloride, Potassium Chloride, Sodium Ascorbate and Ascorbic Acid for Oral Solution)

Low-Volume Prep.  
High-Volume Efficacy.

Rx only